



Impact Report 2021-22

From 2021-22 our courses impacted;



32,120
young people



1,080
staff



122
schools

900 volunteered to become **heroes**
supporting younger students

team
HEROES

87% of students now
feel more **confident**
about their life and their future



“ I really appreciate what you said and how it impacted me and the students in my year. **You made me want to start living my life to the fullest and not waste a single second.** You made me want to be more kind and respectful to the people around me. You made me want to achieve my goals in the future and not give up.

- Year 8 student, Cheshire ”

90% are now **proud to**
introduce themselves
to people they don't know



71% now enjoy **getting out of**
their comfort zone and
doing things that used to worry them



“ I am struggling to put into words all of the **positive impacts of the programme.** The work that you do had been described to us as **'transformative'** and it certainly was. It has **reminded me why we all do this job.** ”

- Teacher

94% said the day inspired them to **make the most of their education**



92% say they can now **co-operate with other people** better and work as part of a team



There were too many amazing moments for me to list them all but I have received positive emails from parents, comments from kids and praise for your work from members of staff. **Many surprising moments experienced caught me off guard**; from the biggest 'bin-fillers' apologising, to pupils who have struggled with any peer interactions participating fully in the group tasks"

- Deputy Headteacher, Edinburgh

91% now feel more determined to **develop** necessary workplace skills



85% now feel they have the right to **goals and dreams for the future**



It's tied in really nicely with us as a family as we were only talking this week about **peer pressure** and hate crime and how the catch-all excuse of **banter can be so hurtful** - it really helped put this into context.

- Parent of a Year 9 student, Surrey

88% of students now feel they can **make better life choices** going forward



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**EMPOWERING
YOUNG PEOPLE
TO MAKE
POSITIVE CHANGE**



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